



OCEANFOOD SALES LTD.

Voyageur Illex Squid Tubes

Oceanfood Sales Item Y801

U/5ct 1 X 10 kg

- * Tubes, ready to use
- * Well recognized squid type
- * Mild taste and tender texture
- * Low cost / high margin product calamari menu item

- * Source: Argentina
- * Packed in: Taiwan
- * Storage: up to 24 months from production date, frozen at -18C or lower
- * Refrigerate after opening. Use within 3 days after thawing.



APPLICATIONS / MENU IDEAS

- *Versatile seafood, served in cuisines around the world

- *Add to cioppinos or any seafood stew
- *Perfect for seafood pastas or salads
- *Great sautéed in an infused olive oil and served with chopped tomatoes and capers
- *Delicious in wok fried recipes



OCEANFOOD SALES LTD.

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Voyageur Illex Squid Tubes U/5 ct 1x10kg

Oceanfood Sales Item - Y801

Product Specifications

Code	SCC	UPC	Units/Case	Unit Size/Measure
Y801	00058626258015		1	10 kg
Brand	IFDA Class	IFDA Category	Division	
Voyageur	Seafood	Frozen	Foodservice	
Average Servings per Case	Country of Origin	Kosher	GST/HST	
100	Taiwan	Not Kosher	No	

Shipping Information

Case Length	Case Width	Case Height	Case Gross Weight
58.42 cm	34.29 cm	7.62 cm	11.34 kg
TI x HI	Shelf Life	Storage Temp From/To	
8 x 9	730days	-18°C or lower	

Preparation & Handling Suggestions

Squid is a very versatile seafood that is served in cuisines around the world. While most people are familiar with calamari rings, breaded and fried, squid is also great in pastas, salads and soups. Cook squid either very quickly (no more than 2 minutes) or slowly, at more moderate heat for about 20 minutes - or it becomes tough.

Benefits

Marketed as calamari, squid is a very low-cost, high profit menu item.

Ingredients

Squid

For More Information

Contact Oceanfood Sales Ltd. Tel: 604-255-1414 Toll Free 1-877-255-1414

Nutrition Facts / Valeur Nutritionnelle

Serving Size / Portion: 100 grams

Calculation Size / Portion Déterminée : 100 grams

	Amount Per Serving / Teneur par Portion	% Daily Value* / % Valeur Quotidienne**
Calories/Calories	92	
Protein	16 g	
Carbohydrates	0 g	0%
Total Dietary Fibre	0 g	0%
Total Sugar	0 g	
Total Fat	1.4 g	
Saturated Fat	0 g	0%
Transfatty Acids	0 g	
Cholesterol	233 mg	
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		0%
Sodium	44 mg	2%

**Pourcentage la valeur quotidienne sont basés sur un régime de 2.000 calories. Vos valeurs quotidiennes peuvent être plus ou moins en fonction de vos besoins en calories.

	Calories	2,000	2,500
Lipides	moins de	75g	80g
Saturee + trans	moins de	20g	25g
Cholestérol	moins de	300mg	300mg
Sodium	moins de	2,300mg	2,400mg
Potassium		4,800mg	4,800mg
Glucides		275g	344g

Calories per gram

Lipides 9	Glucides 4	Proteines 4
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*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	less than	75g	80g
Sat. Fat	less than	20g	25g
Cholesterol	less than	300mg	300mg
Sodium	less than	2,300mg	2,400mg
Potassium		4,800mg	4,800mg
Total Carbohydrate		275g	344g

Calories per gram

Fat 9	Carbohydrate 4	Protein 4
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